

Pregnancy Resources & Referrals

Abortion

SJSU Student Wellness Center

<https://www.sjsu.edu/medical/services/medical-care/sexual-and-reproductive-health/index.php>

408-924-5678

The Student Wellness Center provides SJSU students with pregnancy testing, options counseling and, if requested, medication abortion from trusted SJSU healthcare providers. Medication abortion prescriptions can be filled at the Student Wellness Center (approximately \$50) or a preferred pharmacy. Other services include screening and treatment of sexually transmitted illnesses (STI's), information and education on sexuality, birth control methods, and menopause.

Planned Parenthood Mar Monte

<https://www.plannedparenthood.org/planned-parenthood-mar-monte/campaigns/health-center-maps>

877-855-7526

Network of health centers that offer both medication and in-health center abortion services. Other services include birth control, emergency contraception, pregnancy testing, STI testing and treatment, and more.

FPA Women's Health

<https://www.fpawomenshealth.com/>

Network of health centers that provides abortion, as well as gynecology, birth control, and STI testing services.

Adoption

Adoption Connection - San Francisco

<https://adoptionconnection.jfcs.org/>

Call 800-972-9225 or Text 415-355-4636

Non-profit, licensed adoption agency that offers options counseling, ongoing support, legal advice, and case management to pregnant people considering adoption throughout the United States. A program of Jewish Family and Children's Services of San Francisco, the Peninsula, Marin and Sonoma Counties.

Friends in Adoption

<https://www.friendsinadoption.org/>

24/7 Support Line: 800-982-3678

Text 518-350-4581

Non-profit, licensed newborn/infant adoption agency that works with pregnant individuals and couples all over the United States.

Parenting & Prenatal Care

Santa Clara Valley Medical Center Hospitals & Clinics

<https://www.scvmc.org/>

Call 1-888-334-1000

Public healthcare system with sites throughout Santa Clara County. Services include prenatal care, birth center, health education classes, and more.

First 5 California Parent Guide

<https://parentguide.first5california.com/en-US/>

Website that includes general information on a variety of family health topics and links to related resources.

Santa Clara County Pregnancy and Parenting Referral Line

<https://publichealth.sccgov.org/services/pregnancy-and-parenting-referral-line>

1-800-310-2332

Phone line offering free services to Santa Clara County residents. Some of the services available are: referrals to doctors who provide comprehensive pregnancy care, referrals for food vouchers and nutrition information for children and pregnant or breastfeeding women, support services for pregnant people and parenting families

Additional Options Information

All-Options Talkline

<https://www.all-options.org/find-support/talkline/>

1-888-493-0092

Free peer-based counseling and support over the phone. Offers pregnancy options counseling and support before, during, and after abortion, pregnancy loss, adoption, infertility, and parenting.